



DAY/NIGHT/HOURS

FOCAL LENSES FOR THIS WATCH:  
LOOSING/BINDING/GATES/KEYS

FIFTH WATCH | FIRST WATCH OF THE DAY  
6AM – 9AM  
DECLARATION, EQUIPPING, AND UTTERANCE

6AM – 7AM – HOUR ONE;  
7AM – 8AM – HOUR TWO;  
8AM – 9AM (HOUR OF TRANSITION)

- A time for the Holy Spirit to prepare us for service. (2 Corinthians 9:30; Ephesians 4:12)
- A time for divine judgments for deliverance and breakthrough.
- To pray for healing in relationships, family, government, and in the economy.
- To prophesy to the four winds to see dry, wasted and ruined places restored.
- During the first prayer watch of the day, the sun begins to rise and give light to the earth. Jesus is the light of the world and we should pray that the light of Christ will shine through us. It is during this first prayer watch of the day that we are to pray for the Holy Spirit to refill, refresh and renew us.
- It was in the morning between the hours of 6:00 am and 9:00 am that the Holy Spirit came upon the believers in the upper room.
- When the Holy Spirit comes, He brings us comfort, peace, light and truth. During this first prayer watch of the day we must pray for the light of Jesus Christ to arise with the sun upon on the earth.
- The book of Malachi says the Sun of Righteousness will arise and bring healing that produces the joy of the Lord.
- The word tells us that the joy of the Lord is our strength.

	<ul style="list-style-type: none"> <li>- During this prayer watch, the Lord will send us healing, joy, peace and His strength.</li> <li>- The Holy Spirit will equip us with all the power and gifts that we need to serve others for the day whether it be on our jobs, in ministry, our family, our churches or wherever we are needed to serve.</li> </ul>
<p><b>“TIME FOR/OF/TO...”</b>  <b>DECREES AND DECLARATIONS FOR THIS WATCH</b></p>	<p><b>A time for declarations and utterances as inspired by Holy Spirit.</b>  <b>A time for divine judgments for deliverance and breakthrough.</b>  <b>A time for our light to shine in the day, as we take on his appearance.</b>  <b>A time for the outpouring of the Holy Spirit for the equipping of service.</b>  <b>A time for transforming and renewing the mind of every believer.</b>  <b>A time of meditation to allow the word to saturate our inner man.</b>  <b>A time to be equipped for ministry to make your election sure.</b>  <b>A time to command the supernatural power of God to rest on the life of Christian.</b>  <b>A time to listen for the voice of God to illuminate spiritual revelation.</b>  <b>A time to pray for healing in relationships, family, government, and in the economy.</b>  <b>A time to prophesy to the four winds to see dry, wasted and ruined places restored.</b>  <b>A time to receive our daily bread to sustain us as it has ordained to be.</b></p>
<p><b>SCRIPTURES SUPPORTING THIS WATCH</b></p>	<p><b>Proverbs 16:3; Philippians 4:13; Malachi 4:2; Psalm 103:2 – 4; Romans 12:1; Acts 2:15-17; Malachi 4:2; Acts 10:38; Matthew 3:16-17; Luke 4:1; Acts 2:1-21; Psalm 43:3; Proverbs 4:18; John 11:9-10; Matthew 5:14-16; Romans 13:12; John 14:15-29; John 15:26; Ephesians 1:13</b></p>
<p><b>PRAYING “THE WATCH”</b></p>	<p><b><u>Focal Lenses, Prayers, and Prayer Keys:</u></b></p>

- **Healing**
- **Outpouring of The Holy Spirit**
- **Gifts of The Spirit to be manifest - especially prophesy, vision, and dreams**
- **The light of The Lord shining through our vessels**
- **Declaring the Truth of God’s Word**
- **Accept the Promises of the Holy Ghost**

Father In The Name of Jesus,

**Today I entrust my work to You; and I know my plans will succeed.  
 I can do everything You ask me to with the help of Christ who gives me the strength and power, in Jesus’ Name.  
 Because I reverence Your Name, Your goodness shines on me like the sun with healing in its rays.  
 I praise You and never forget how kind You are to me! You forgive all my sins and heal all my sicknesses. Father, You save me from the grave and surround me with loving-kindness and tender mercies.  
 I release the healing virtue of Jesus Christ into my body. And I curse, at the root, every attack upon my health. Jehovah-Rophe heals me and keeps me in perfect health all the days of my life.  
 I plead the Blood of Jesus against calamities, catastrophes and any hidden dangers that would try to come against me. Through the Blood of Jesus, I have been redeemed out of the hands of the devil.  
 My life is not my own. Therefore, I dedicate my body to You as a living sacrifice—holy and well-pleasing to You.**

**KEYS NEEDED FOR A SMOOTH AND EFFECTIVE TRANSITION OF THE BATON TO NEXT WATCH WARRIORS**

**Releasing ALL the Gifts Of The Holy Ghost are IMPERATIVE for the Watch Warriors of the First Watch of the DAY, also the 5<sup>th</sup> of the 8 watches.  
 Liberty is Key during this time.**

	<p>Standing FAST in the Liberty of Jesus must be reinforced as we enter a new day because the enemy wants us to “wake-up” defeated.</p> <p>The second prayer watch of the day or the third hour is between the hours of 9 am – 12 pm, which is typically the watch that we are to fulfill our purpose here on earth.</p> <p>Most jobs in the marketplace either begin their shift at 9 am or earlier in the morning. When we go past 9 am in the morning without any production we are considered idle.</p> <p>So, FIRST DAY Watch Warriors, make sure you are handing the day off to Watch Warriors that are awake, alert, and ready to receive the blessings of the “day” while it is called DAY!</p>
WATCH WARRIORS – THE “NOWs”	Preferably a minimum of 3 Warriors per Watch

a